

# What To Expect The First Time You Use an It Works Contouring Applicator



## You'll see results!

The It Works contouring Applicator treatments (*Ultimate Body Applicator™* & *Chin & Neck Applicator™*) are successful for the majority of users the very first time an Applicator is used. Many people experience contouring results after 45 minutes and progressive results over the first 72 hours after applying one Applicator.

- Botanically-based formula will deliver you maximum tightening, toning, and firming results where applied to the skin.
- Skin will look hydrated, more youthful, with improved appearance of body contours and cellulite.

## What if little or nothing happens?...

Although most individuals begin to see improvements after the first application, it may take up to 3-4 applications for some to achieve optimal results.

- Those who are on medications and/or who have toxic systems may fit in the category.
- Everyone's body is different, and if you have small or clogged pores it can affect your ability to see results with a contouring Applicator. If you have small or clogged pores, we recommend that you use our residue-free, naturally based Cleanser Gel to remove impurities from the skin as well as an exfoliator to help remove any dead skin cells that may be clogging your pores and preventing you from absorbing the lotion formula.
- Since our body contouring line is based in detoxification, the amount of toxins in your body will play a role in how quickly you will see results. If your diet or lifestyle is unhealthy, you may also experience a "bloating" effect immediately after wearing a contouring Applicator; this is a temporary side effect of the detoxification process. Drinking plenty of water will assist in the detoxification process and help you start seeing results. Many people who experience this temporary effect and drink plenty of water to aid the detoxification process see dramatic contouring results 24 - 72 hours after the initial application.

## What Can I Do to Achieve Better Results?

Some of our dietary supplements, such as Regular, Greens, and It's Vital, can aid in the detoxification process. Using these supplements can help you achieve better results with the Ultimate Body Applicator because the nutrients they contain may allow your body to remove toxins more efficiently. For more details, please visit the Product Coach FAQs on our website

With The Ultimate Body Applicator, results are both immediate and progressive. With each treatment you will continue to see contouring results. Your skin will look and feel smoother, younger, more toned, and tightened.

A once-a-week application is recommended for continuous, progressive results and for ongoing maintenance. The more consistent and diligent you are in applying the Ultimate Body Applicators over time, the better the results! Contouring Applicators may be used as often as once every 72 hours. For best results, add Defining Gel, our daily contouring gel lotion, to your beauty regimen on days in between Applicator uses.